



MAY 2026 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road
 Register online at secure.rec1.com/ME/auburn-me/catalog
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
■ = Auburn Recreation Program (Jody) The below programs are independent of Rec Programs ♦ = City of Auburn Age-Friendly Committee Event ⌘ = 1 st Auburn Senior Citizens Meeting φ = New Auburn Seniors Meeting ◆ = Robin Dow Meeting				1	2	
3	4	5	6	7	8	9
	φ = New Auburn Seniors Meeting ■ Diamond Art Kissing Butterfly Cards 2:30pm ■ Yoga w/Emma 6pm	■ Portland Jetport Tour 10am ■ Yoga For Balance 4pm	⌘ = 1 st Auburn Senior Citizens Meeting	■ Hidden Grace Farm in Hollis 9:45am ■ Chair Yoga 1:30pm ■ Adult Craft Night 5:30pm	■ Drop-In Day 9-12 ■ Tech Talk 10am ■ Diamond Art Spring Tags 11:00am	
10	11	12	13	14	15	16
	φ = New Auburn Seniors Meeting φ Fortin in at 10:30am ■ Mystery Dinner Shuttle 4:30pm ■ Yoga w/Emma 6pm	■ Walk: Laurel Hill Cemetery in Saco 9am ■ Crafting with Nancy 1pm ■ Yoga For Balance 4pm ♦ Age-Friendly Mtg 5:30	◆ = Robin Dow Meeting 9am	■ Sunshine Club Cards w/Corinne 10am ■ Chair Yoga 1:30 PM ■ Adult Craft Night 5:30pm	■ Drop-In Day 9-12 ■ Card Crafting w/Corrine 10am ■ Diamond Art Spring Babies Cards 11:30am	
17	18	19	20	21	22	23
	φ = New Auburn Seniors Meeting ■ Longfellow's Greenhouse & lunch in Manchester 10am ■ Yoga w/Emma 6pm	■ Exact Time TBD: Lunch and a Movie in Auburn (The Sheep Detectives) ■ Yoga For Balance 4pm	⌘ = 1 st Auburn Senior Citizens Meeting ■ Dolphin Marina Lunch 11am	■ Diamond Art Summer Vibe Cards 10:00am ■ The Laugh Track at Portland Stage 12:45pm ■ Chair Yoga 1:30pm ■ Adult Craft Night 5:30pm	■ Drop-In Day 9-12 (small side this week) ■ Book Club 10am (big side, movie big side) ■ Book Club Book – turned Movie 11:15am	
24/31	25	26	27	28	29	30
	HOLIDAY - No Recreation Programs	■ Yoga For Balance 4pm	◆ = Robin Dow Meeting ■ Alpacas At Holistic Farms Tour in Gorham 12:15pm	■ Coffee Talk 8am ■ National Hamburger Day Lunch Shuttle 11am ■ Chair Yoga 1:30pm ■ Adult Craft Night 5:30pm	■ Drop-In Day 9-12	

Date	Time	Cost	Description
Friday, May 1	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, May 1	11:00 AM – 12:30 PM	Free	Sunshine Club – Do you want to bring a little sunshine to community members living in assisted living centers? Join this lively group who work together to make floral arrangements to be delivered to local long-term care facilities. Pre-registration required.
aMonday, May 4	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning)
Monday, May 4	2:30 PM – after bingo	Free	Diamond Art Kissing Butterfly Cards (Max 12) After Bingo - Join us at the Auburn Senior Community Center to make an fun diamond art card. There will be different cards to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 12. Pre-registration is required.
Monday, May 4	6:00 PM – 7:00 PM	\$12 \$15 non-res	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, May 5	10:00 AM – 3:00 PM	\$6 \$8 non-residents	Portland International Jetport Tour Ever wondered what happens behind the scenes at the airport, or how all those bags make it where they're supposed to go? Join us for a 90-minute visit to Portland International Jetport (PWM) for an inside look at its history, daily operations, amenities, and future plans. The tour includes about 20 minutes of walking, broken up throughout the visit, with most movement happening in the first 45 minutes. The remainder of the program takes place in a seated gate area. We will find lunch in the area before returning. Pre-registration is required. Minimum 6/Maximum 14. What to Bring: Just the essentials. Leave purses/bags on the bus. Whatever you bring, keep it on you the whole time. Once we're in screened areas, we stick together. Restroom break at the start – if one person leaves, everyone leaves. Cameras are cool! I'll tell you if there's a spot where photos aren't allowed.
Tuesday, May 5	4:00 PM – 5:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, May 6	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Meetings are cancelled if Auburn schools are closed for weather. (this includes remote learning)
Thursday, May 7	9:45 AM (farm visit is from 11 am to 1pm) returning by 2:30 PM	\$22 \$24 non-residents	Hidden Grace Farm & Picnic Lunch in Hollis We are off to Hollis, Maine to an afternoon at Hidden Grace Farm. We will enjoy a farm experience, enjoying a guided farm tour (about 45 minutes) and meeting their min horses, horses, goats, pot belly pigs, and chickens! We may have have the opportunity to milk the goats, feed the pigs & chickens, collect eggs and even snuggle with some baby goats! You will have full access to the farm for the two hours we are there. The farm has a beautiful, shaded picnic area, where we will enjoy a picnic lunch (BRING YOUR OWN). Recreation will have a cooler and supply drinks for you all. The farm is flat and accessible. Porta-potty on site for restrooms. Pre-registration is required. Minimum 6/Maximum 14

Thursday, May 7	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, May 7	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, May 8	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, May 8	10:00 AM – 11:00 AM	Free	Tech Talk Friday – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Izzy, Adult Services Manager, at the Auburn Public Library. Pre-reg helpful
Friday, May 8	11:00 AM – 12:00 PM	Free	Diamond Art Spring Tags (Max 12) - Join us at the Auburn Senior Community Center to make a fun little tag (you will do 2, these are one sided). There will be different cards to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 12. Pre-registration is required.
Monday, May 11	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning) Fortin – doing a special presentation at 10:30am
Monday, May 11	4:30 PM – 8:00 PM	\$3 \$5 non-residents	Mystery Dinner Shuttle This is a "luck of the draw" trip drawing on 4/10/26 Let dinner be a surprise! Sign up for the social aspect and for the thrill of no knowing where the bus will take you. Pre-registration is required. Minimum 6/Maximum 14
Monday, May 11	6:00 PM – 7:00 PM	\$12 \$15 non-res	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, May 12	9:00 AM - 1:00 PM	\$3 \$5 non-residents	Walk: Laurel Hill Cemetery in Saco Laurel Hill Cemetery in Saco, Maine, is a historic rural cemetery established in 1844, known for its scenic, park-like setting along the Saco River, featuring meandering paths, monuments, and a Queen Anne-style chapel. Laurel Hill Cemetery in Saco, Maine, features a network of mostly-paved paths and easy-to-walk trails across its 170-acre park-like setting. While there is no single "trail map" for hiking in the traditional sense, the cemetery's layout consists of two main sections connected by a short road through a wooded tract. Walking Routes and Points of Interest: The grounds are designed in the "rural cemetery movement" style, functioning as an arboretum and sanctuary with diverse habitats including tidal flats, marshes, and river views. Riverside Path: A path leading down from the cemetery features benches that overlook the Saco River. Daffodil Hill: Located by the river, this area is famous for tens of thousands of blooming daffodils in May. Birding Hotspots: The cemetery is a premier birding destination, particularly in May. Popular spots include the pine trees by the mausoleum and the field/shrubs near the daffodil hill. We will arrive at about 10am. You will have until about noon to walk and then we will head back to the senior center. Pre-registration is required. Minimum 6/Maximum 14
Tuesday, May 12	1:00 PM – 3:00 PM	\$8	Join us as Nancy guides us through a creative process to make a beautiful take home piece of art. This will be an onsite workshop offered here at the senior center. All necessary materials and instruction will be provided. This month is a decorative container or bowl using fabric and glue. Pre-registration is required. Minimum 6/Maximum 12
Tuesday, May 12	4:00 PM – 5:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as

			standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, May 13	9:00 AM – 3:00 PM	\$10.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Thursday, May 14	10:00 AM – 11:00 AM	Free	Help! Corrine Make Cards for Sunshine Club This is an onsite (Auburn Senior Community Center) session. Corrine is in need of help to make the cards that go along with the flowers for Sunshine Club.
Thursday, May 14	1:30 PM – 2:30 PM	\$12.00 drop- in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, May 14	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, May 15	9:00 AM – 12:00 PM	Free \$1 non- residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, May 15	10:00 AM – 11:30 AM	Free	Card Crafting – Cards with Corinne (Men’s Cards) Card Crafting with Corinne – This is an onsite (Auburn Senior Community Center) Hand-made card making workshop. All materials will be provided by the Senior Center. Feel free to bring your own card crafting supplies if you have them. Pre-registration is required. Min 6/Maximum 15
Friday, May 15	11:30 AM – 1:30 PM	Free	Diamond Art Spring Babies Cards (Max 12)- Join us at the Auburn Senior Community Center to make a fun card. There will be different cards to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 12. Pre-registration is required.
Monday, May 18	9:00 AM – 3:00 PM	\$10.00 annual	New Auburn Seniors Meeting - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning)
Monday, May 18	10:00 AM – 3:00 PM	\$4 \$6 non- residents	Longfellow’s Greenhouse and lunch in Manchester Celebrate spring with a visit to Longfellow's Greenhouse in Manchester, voted Best of Maine Garden Center/Nursery in 2024 and 2025. Explore over 30 greenhouses with a wide selection of plants, houseplants, and a retail shop featuring gardening supplies, birding items, and Maine-made crafts. After our visit, we will enjoy lunch at The Woodshed, located behind the Kennebec Cabin Company, owned by the stars of Maine Cabin Masters. We will arrive at Longfellow's about 10:45am and shop until noon. Then we will head down the road for lunch. This trip is limited to 12 people so we have room in the back of the bus for any flower purchases. Registration will open on Friday, April 10th.
Monday, May 18	6:00 PM – 7:00 PM	\$12 \$15 non-res	Yoga with Emma - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
Tuesday, May 19	Time TBD	\$6 \$7 non- residents	Lunch and a Movie in Auburn (The Sheep Detectives) Join us as we hit up Otto Pizza in Auburn for lunch and then head over for a movie. We will be seeing the afternoon/early evening performance of The Sheep Detectives. Overview George Hardy is a shepherd who loves to read murder mysteries to his sheep, never suspecting that they can understand him. When George is found dead under mysterious circumstances, the sheep decide to solve the crime themselves, even if it means leaving their meadow for the first time and facing the fact that the human world isn't as simple as it appears in books. Staring: Hugh Jackman · George Hardy ; Bryan Cranston · Sebastian; (voice) ; Emma Thompson ; Regina Hall · Cloud; (voice) Pre-registration is required. Minimum 6/Maximum 14

Tuesday, May 19	4:00 PM – 5:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, May 20	9:00 AM – 3:00 PM	\$10.00 annual dues	1st Auburn Meeting/Bingo. Doors open at 9:00 AM. Bingo is price per card, starts about noon. Meetings are cancelled if Auburn schools are closed for weather. (this includes remote learning).
Wednesday, May 20	11:00 AM – 3:00 PM	\$4 \$6 non-residents	Dolphin Marina & Restaurant Shuttle Join us for a visit to the Dolphin Marina restaurant in Harpswell, which sits on the water's edge and offers spectacular views of Casco Bay. Known for their specialties of fish chowder, lobster stew, and blueberry muffins, they also feature local seafood, hand cut steaks, daily blackboard specials, and homemade desserts. Pre-registration is required. Minimum 6/Maximum 14 Registration will open on Friday, April 10th.
Thursday, May 21	10:00 AM – 12:00 PM	Free	Diamond Art Summer Vibe Cards (Max 12) Join us at the Auburn Senior Community Center to make a fun card. There will be different cards to decorate in diamond art, it will be a surprise which one you get. Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 12. Pre-registration is required.
Thursday, May 21	12:45pm returning about 5:00pm (Approximately 2 hours, with intermission)	\$45 48 non-residents	The Laugh Track at Portland Stage This is a "luck of the draw" trip drawing on 4/16/26. A comedy about the business of being funny. Jokes abound in this world premiere about the writers of I Love Lucy. Based on the real-life head-writer Madelyn Pugh who fiercely and hilariously navigates the male-dominated entertainment industry and her feisty relationship with writing partner Bob Carroll Jr. Prepare to be surprised, amused, and laughing the whole way through! Madelyn Pugh and Bob Carroll Jr. meet by chance in 1957 after their work together on I Love Lucy has come to an end. Over the course of their conversation we see flashes of their time together working with Lucille Ball, Desi Arnaz, and studio execs. This play shines light on the inner-workings of America's beloved sitcom and the woman who punched up the jokes, fought for her career, and paved the way for women in the writers room. Fast-paced and full of wit, The Laugh Track brings familiar characters to life, while proving that comedy is not a man's job. The Laugh Track was commissioned by A Contemporary Theatre in Seattle, WA. This production will be its world premiere. Pre-registration is required. Min 6/Maximum 14.
Thursday, May 21	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, May 21	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, May 22	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
Friday, May 22	10:00 AM – 11:00 AM	Free	The Auburn Senior Community Center, in partnership with the Auburn Public Library, is pleased to be able to continue their reading and discussion group. This group will meet monthly at the ASCC. Questions? Contact Renee at the Auburn Senior Community Center or Donna at the Auburn Public Library -- 207-333-6640, ext. 4, or via email at dwallace@auburnpubliclibrary.org . Maximum 16 (can accommodate more for discussion days if people share their books before the next meet up).
Friday, May 22	11:15 AM – 1:15 AM	Free	Book Club Book turned Movie – Join us here at the ASCC to watch a former book club book turned movie! This is a 2026 Netflix movie adaptation of Shelby Van Pelt's novel, premiering May 8, 2026, featuring Sally Field and a CGI octopus named Marcellus (voiced by Alfred Molina). It follows a widow working at an aquarium who bonds with the intelligent octopus to solve a mystery. Runtime: 111 minutes (1h 51m) Feel free to bring your own camp chair and snacks!

Tuesday, May 26	4:00 PM – 5:00 PM	\$12.00 drop-in fee	Yoga For Seniors: Balance - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. Min4/Maximum 15.
Wednesday, May 27	9:00 AM – 3:00 PM	\$10.00 annual	Robin Dow Seniors - Doors open at 9:00am with Directors meeting at 10:30, and bingo. Meetings are cancelled if Auburn schools are closed for weather (this includes remote learning).
Thursday, May 28	8:00 AM – 9:30 AM	FREE	Coffee Talk with AARP May 28 - The Maine Mature Drivers Project Dr. Tom Meuser The Maine Mature Drivers Project strives to inform older adults and the professionals who serve them (e.g., physicians) about how aging-related changes in health and func on may impact on driving safety, how the Maine BMV addresses medical-fitness-to-drive concerns, and how older drivers may self-regulate to remain safely behind the wheel OR make a smooth transition into driving retirement. How do aging-related changes in health and function impact on driving safety? How does Maine address medical concerns in driver licensing? How can older adults remain safely mobile behind the wheel and otherwise? Dr. Tom Meuser is a gerontologist and driving expert
Thursday, May 28	11:00 AM – 3:00 PM	\$3 \$5 non-residents	National Hamburger Day Lunch Shuttle - Let's head out for National Hamburger Day Lunch Shuttle! National Hamburger Day is celebrated annually on May 28th to honor America's most iconic sandwich, marking the end of National Burger Month and the start of the summer grilling season. With 50 billion burgers consumed annually in the U.S. we thought we could help boost the numbers. So that is exactly what we are doing, let's eat! Pre-registration is required. Minimum 6/Maximum 14
Thursday, May 28	1:30 PM – 2:30 PM	\$12.00 drop-in fee	Chair Yoga - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$12.00: Minimum 4
Thursday, May 28	5:30 PM – 8:00 PM	Free \$2.00 weekly non-res	Thursday Adult Craft Night 5:30pm – The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 Pre-registration required.
Friday, May 29	9:00 AM – 12:00 PM	Free \$1 non-residents	Drop-in Day - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.



Looking for updates on programs – check us out on Facebook

- Auburn Recreation Department – Maine
- Friends of the Auburn Senior Community Center

Luck of the Draw Trips - Rules and Regulations

- **You MUST have a Civic Rec account so you can be registered.**
- These trips will be drawn on the date listed/published.
- You are allowed to put your name (and potential seat buddy) only ONCE per trip.
- I will be checking to make sure there are no duplicates before names are drawn.
- You will be notified on the date of the drawing if you are chosen.
- If not chosen, I will choose leftover names for the wait list.
- Please do not contact me, I will reach out to you that day once I have drawn names.
- If you do not have a credit card or credit already on your account, you will be required to make payment in full within 5 days of the drawing.

- *If you do not make payment in full, you will be removed from the trip, and I will contact those on the wait list. The date the names are drawn on is day 1.*